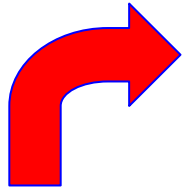


Yo-Yo Diet Experience

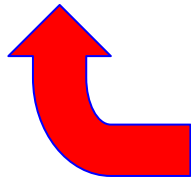
You go on a

DIET
“Prison”

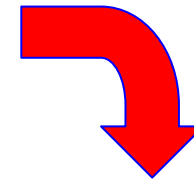


Try to Resubmit to Another Diet

Overeat

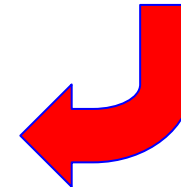


Experience Self-Doubt,
Yell at Yourself



2 Hours, 2 Weeks or 2 Years Later...

Overeat



(then in self defense from the diet your body rapidly gains weight)